

【Campus Asia Report】 Gita Nirmala Sari

Major in your home university : Public Health

Period of your stay : August 2018

Name of the host department : Yonsei University college of Medicine

1. Program description

2018 Campus Asia Workshop is a program designed for students studying in medical fields in associated universities in CAMPUS ASIA consortium. The workshop will give experience about Yonsei University's remarkable scientists' talk discussing the challenge and opportunities facing medical and public health problem in aging society. Besides, there is program about cultural and social experiences for understanding trilateral communities will be the other important features of CAMPUS Asia workshop.

2. Learning outcomes

1. Increased knowledge and insight into research on aging and metabolism, social factors and healthy aging, aging and immunity, cardiovascular disease and aging
2. Increased knowledge and insight into research on Geriatrics
3. Increased knowledge and research insights on Neurodegenerative diseases, dementia and Alzheimers Diseases
4. Increased knowledge and insight into research on orthopedic and surgical issues in aging society
5. Increased knowledge and insight into research on the types of research conducted at the Yonsei University College of Medicine preventive medicine department
6. Increased knowledge about Global Health and Law and Bioethics and Medical law
7. Enhanced the experience of Korean sociocultural society

3. Experiences in the country you studied

I received a lot of things during the 3-week workshop at Yonsei University College of Medicine, such as knowledge and insight on aging and factors related to aging. In addition, the description of the types of research conducted in the Department of Preventive Medicine also inspired me to develop a further research framework. We also got the opportunity to attend a meeting of researchers who discuss their report progress in a research collaboration. Then, the introduction of Korean culture was also very useful for me. Experience visiting historical places such as the Korean Folk Village, Gyeongbokgung Palace, and several museums in Korea such as the National Folk

Museum, War Memorial Museum of Korea, the National Museum of Korea provided many important lessons on the importance of history and culture for the Korean nation. We also got the opportunity to take Korean language classes that was very useful for simple communication while in Korea.

4. Influence on future career goals or choices

The results of this workshop will be very useful for the development of my next research framework especially regarding the health problems of aging population, especially women during menopause. A model of cohort study conducted at Yonsei University in collaboration with several universities in Seoul using community data from the National Health Insurance Corporation gave me the idea to be able to adopt a research system like this for my country later. Then the Global Health problem is important to understand and it attracts me to learn more and hopes to make an important contribution to Global Health activities for the community, especially for maternal and child health by building partnerships with several important world institutions such as WHO, UNICEF and etc .

5. Comments

Thank you very much to the Campus Asia Program, especially Osaka University Graduate School of Medicine, Public Health Department and Yonsei University College of Medicine for this valuable opportunity for me. The experience of attending this workshop is very important to me especially when I return to my country later. In addition, from this workshop, I was able to collaborate with other students from China and Korea, which was very useful for the development of cooperative relationships in the future. As an improvement material for the same activities in the future, it would be better if each student was given the opportunity to be able to study in the laboratory according to specialization and not just lectures from the professor. Besides that, it would be better if students were given the opportunity to learn the types of data used in the public health laboratory and given the opportunity to try to use the data in a study of health epidemiology and public health.