

## **【Campus Asia Report】 Ahmed Emadeldin Arafa Abdellatif**

Your major in home university : Public Health

The period of your stay : 1 Month

The laboratory you were accepted : Peking University, Tianjin University for Traditional Chinese Medicine, Yonsei University

### **1. Why did you participate in the Campus Asia Program?**

CAMPUS Asia (Collective Action for Mobility Program of University Students in Asia) is a student exchange program funded by the Ministry of Education, Culture, Sports, Science and Technology (MEXT). Since I am interested in global health, I found that participating in this program could help me in understanding the major public health challenges facing different countries in Asia. Also, I planned to meet professors and academics with similar interest from other Asian universities. In addition, I have never been to China or South Korea, therefore, I found the program a great chance to visit both countries and know more about the academic life in their universities.



### **2. What did you study in this program?**

During a period of 1 month, I did the following: 1) Attended lectures and seminars at Yonsei University, South Korea for 2 weeks. These lectures covered several environmental health, occupational health, public health, and global health issues. I had also a great chance to listen to presentations given by other students. 2: I attended the

Diabetes Epidemiology Conference. Throughout the days of the conference, I had a chance to attend many lectures and listen to the critics and comments on the presentations. I also met many academics from Australia, Hongkong, the USA, and Korea, 3: I attended a 1-week lectures about traditional Chinese Medicine in Tianjin China, 4: I attended many lectures about epidemiology and risk prevention in Peking University China.



### 3. How was the stay in the country you visited?

In Yonsei, the dormitory was wonderful, the subway system in Seoul was convenient, and mentors were helpful. I also appreciated the tour in the Yonsei University Hospitals. Although the traditional Korean food was a bit strange to me, I started to like it by the end of my travel.

In China, the hotel in Peking was amazing and the dormitory in Tianjin was OK. The Chinese students were very helpful, and they guided us throughout our tours. They also helped us with tourist visits and shopping. I believe that the Asian culture is very precious.



#### 4. Others or some messages for future participants

I encourage students to participate in CAMPAS ASIA programs. It will be wonderful if they had their own plans day by day in addition to the program schedule, so they can get the best of every moment they spend in the foreign universities. I also recommend them to socialize and make friends, visit the cultural and historical places, and get in touch with the academic life in these universities. It will be wonderful if students according to their specialties could cooperate in future research. This may open a new aspect for the program.

