

【Campus Asia Report】周萌 Zhou Meng

Your major in home university : Public Health

The period of your stay : 2019.06.30 ~ 2019.07.20

The laboratory you were accepted : Public Health in Yonsei University

1. Why did you participate in the Campus Asia Program?

Campus Asia Program provides us an opportunity to learn more about how to conduct researches on prevention and control of global health issues, especially lifestyle and aging related diseases. We can expect to establish fruitful networks which will enable us to work closely and efficiently with researchers and professionals in the future. I hope to improve the comprehensiveness and flexible ways of thinking, as well as logical thinking through this program. I believe if I have the chance to take part in this program, it will become extremely precious experience to help strengthen my ability to solve health issues scientifically.



2. What did you study in this program?

I had a better understanding of medical system in South Korea, how they collect medical information and make use of it on decision making. I learned what research professors in Yonsei University are focusing on, and the challenges they are faced with. During the preparation for final presentation, I understand the relationship between climate change and health in ageing group, and I gained the ability to assign task to each team members and work together to give a better presentation. This workshop helped me improving my ability of teamwork. I also learned about the Korean policy on HPV vaccine, which is different from Japanese Government's "not advocate" attitude, South Korea have a positive attitude and provide HPV vaccination for free. Last but not least, we attended Korean language class, it's pretty interesting.



3. How was the stay in the country you visited?



It was a wonderful stay in Korea. Professors and students there treated us very warmly so that I got many chances to experience Korean culture. The dormitory provided for us is neat, comfortable and near from the lab we have to attend. Life and study in Korea even more convenient than I stay in my home university. Campus Asia program arranged colorful culture activities for us during the weekends, we could carve a seal for our own Korean name, and had a tour in Gyeongbokgung Palace dressed in Korean traditional clothing, Hanbok. We also went to Bukchon Hanok Villiage to learn about the structure of Korean traditional house and knit our own Korean knot, they are so beautiful. We also enjoyed many delicious food like Korean barbeque, traditional Korean cuisine, Bibimbap, troop pot and Samgyetang. At the last day, I can even go for a concert on my own with my poor Korean. My stay in Korea is so unforgettable for me.



4. Others or some messages for future participants

Japan, China and Korea are all Asian countries, they share similar culture in many ways. Although we are Chinese who come from Japan, Professors in Yonsei University taught us much useful knowledge in Public Health and Medical Law warmly. Although

we have many things in the same, I still get to know their different treatment on medical information collecting and terminal patients. We can get to know the basic medical system in near countries and outstanding researchers. I think we can have more corporations and exchange on research and policy making, it can help us to learn from each other. It's also the first time I went to Korea, I learned a little Korean, experienced many Korean traditional culture activities and enjoyed many Korean food. Participating Campus Asia program really left me very precious memories.

