

【Campus Asia Report】唐誠堯

Your major in home university : Public Health, Osaka University

The period of your stay : 2019/06/30 - 2019/07/20

The laboratory you were accepted : Yonsei University

1. Why did you participate in the Campus Asia Program?

Firstly, as one who comes from an Asian country, public health and its relevant studies are closely associated with us. Through Campus Asia program, I can know more about current status of public health in Asian countries. I am of full enthusiasm to devote myself to the development of public health in Asia and make the best efforts on the way to achieve a global leader. Secondly, public health is quite a subject of solving practical matters. Only when such practical works are went through, can I have a better comprehension on researches in this field. Campus Asia program is a good chance for me to experience the practical process of solving problems, so I am motivated to join Campus Asia program. Moreover, global view is of great significance. Globalization does not only lie on economy, but also medical science and public health. Research in each country should be considered as an integral whole rather than a single one. Since global view now is eagerly required, I am motivated to participate in the international workshop of Campus Asia which can cultivate my global view on public health.

2. What did you study in this program?

First, we had an opening ceremony as picture shows. We introduced ourselves to each other and discussed agenda of the following days. We had five lectures during my stay in Yonsei University. Lectures about risk factors, psychiatry epidemiology and R were done at the first week. Lectures about medical law and aging



were done at the second week. We watched a movie and had a discussion about the movie and the social phenomenon the movie reflected. We learned how to calculate SMR by using R. I think these lectures are very helpful. And I am very glad that you attached importance to statistics and statistical practice. I hope you can give participants more opportunities to do some statistical analysis on their own. As well, I think more team work could be better.

I attended lab work of the Department of Public Health at the third week. First day, I attended the group meeting. And we learned some useful statistical knowledge during the meeting with two professors. At the last day, we had a lunch meeting with the professor. As these picture shows, I worked with one student from Peking University to do a research on association of dietary pattern with an aging related disease, sarcopenia. We reviewed relevant literature and presented our results to professors, tutors and other groups.



3.How was the stay in the country you visited?

It was a very excited experience for me in Korea, because they prepared a lot for us. I was so satisfied with the dormitory. Moreover, two tutors were designated to one group for helping our research. The two tutors of our group were very friendly. They guided us to use library resources and provided us with plenty of useful advice.



The coordinators of this program in Yonsei University was also very friendly. We had a great chance to experience Korean culture, because we were guided to visit Gyeongbokgung Palace, Bukchon and national museum.



4. Others or some messages for future participants

Aging now is one of the most serious issue in the field of public health. Through this workshop, I have a better understanding on it, and I hope I can contribute myself to solve this issue to some extent. Also, it is helpful for me to acquire education in different countries. I think I should participate in more such international affairs. The exchange program of Campus Asia is a great opportunity for medical students, especially those who are concerned about global health, to have a global view on whatever they are working on right now.