

【Campus Asia Program Report】Hongping GUO

Home university : Peking University in China

The period of your stay : 2 WEEKS

The laboratory you were accepted : Osaka university medical college, researchment department public hygien

1. Why did you participate in the Campus Asia Program?

First of all, I always want to see the living, studying and scientific research environment abroad. Secondly, if someone wants to make further progress in the professional field, she/he should not only have solid professional knowledge and scientific research ability at home, but also discuss with domestic experts and classmates in the professional field. In addition, the Campus Asia program gives me the opportunity to learn from international experts, and at the same time provides the cost of exchange, so that students studying abroad can have no worries. Thanks for the Campus Asia program.

2. What did you study in this program?

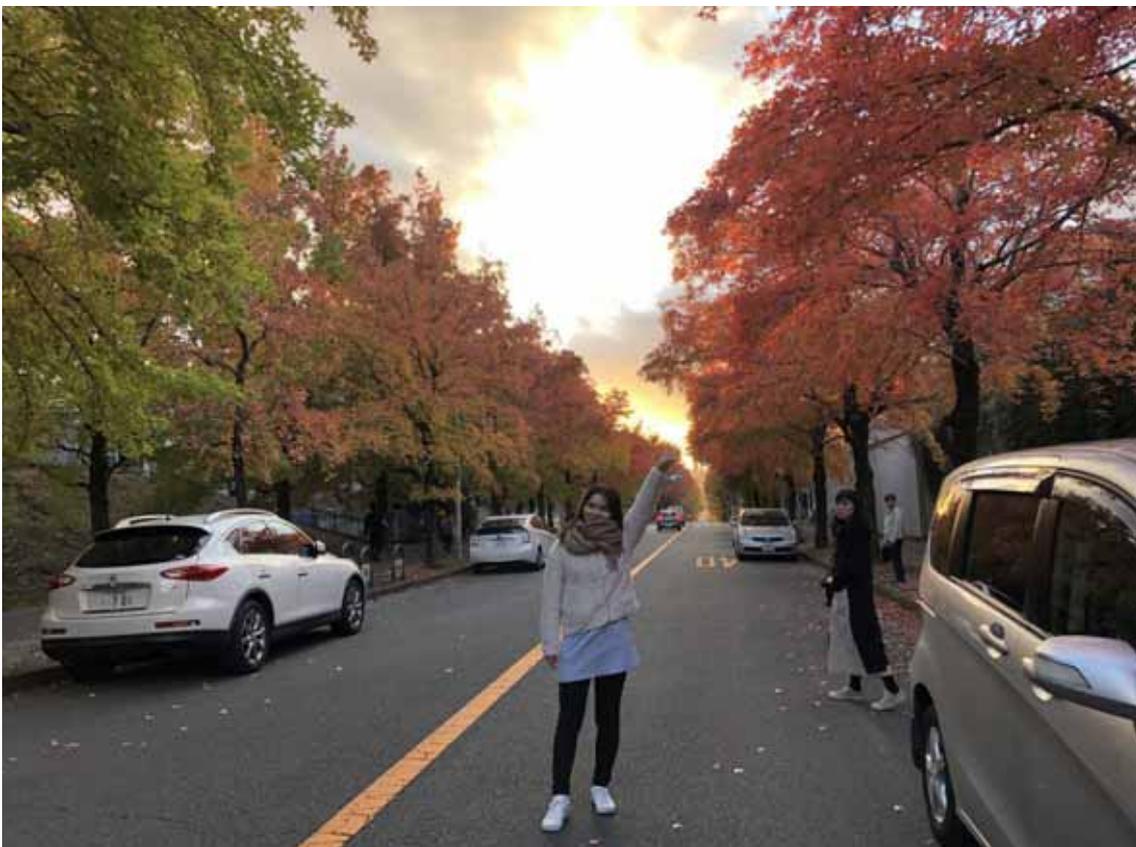
I learned that Japanese invests a lot of manpower and financial resources in terms of human health and disease of three large cohort studies, many famous experts in listen to the lecture, after understanding to various research hotspot and frontier in the field of public health, such as cardiovascular disease, maternal and child health research, pneumoconiosis research and so on. I also had the honor to participate in the lecture on global health issues, and saw teachers and students from various universities in Japan discussing together and giving advice on global aging health. At the same time, I have seen how Japanese teachers are devoted to teaching and scientific research, and I have also seen how Japanese students carry out their daily scientific research work. In addition, we formed a team with students from Korea and Japan, in which we help each other with a sincere heart for scientific research. We also visited the Cardiovascular Disease Research Center in Japan, a hospital for physical examination and health education, where doctors give personalized guidance on health knowledge during physical examination. Japan has done very well in physical examination, health education and diagnosis and treatment of diseases, which are worth learning and using for reference.



3. How was the stay in the country you visited?

When I first came to Japan for study and exchange, I could not find a classroom because I was not familiar with Osaka University. During the whole course of our exchange and study, two graduate students from Osaka University acted as our teaching assistants, assisting the teachers in class and our daily life. Every day, when we took the school bus from another campus to Osaka University, we had a beautiful and considerate assistant sister to show us the way. After class at noon, she would take us to different canteens to enjoy the delicious food of Osaka University.

Experience is a bad thing: once, we returned on the school bus from Osaka university campus accommodation, my friend couldn't find her mobile phone after we got off the bus. We were not sure whether it was in school bus or somewhere else, we wanted to call the driver of the school bus, but the language is also a big barrier. Finally, with the helpful help of another school bus driver, we knew that the mobile phone was still on the school bus, but the school bus had already driven back to the terminus which was one and a half hours' drive away from us. The driver was particularly good at telling us how to get there, and also called the bus terminal to reserve the time for us to pick up our mobile phone. After this accident, I felt that good people were always there.



4. Others or some messages for future participants

The Campus Asia program is a great program to apply for and participate in. First of all, you can go to other countries for scientific research and academic exchanges, and learn about the current research situation and hot spots in the international field of your major. Secondly, you can discuss with teachers and students from different countries in the process of communication. Only through cooperation and communication can ideas and progress be ignited. In addition, you will gain genuine friendship by communicating in small groups. In a word, when you go abroad, you will find many new and different things in other countries, and you will naturally compare them with your motherland. Every communication is an opportunity for you to grow.

