

【CAMPUS Asia Report】 Wang Xiaowen

Major in home university : Department of Epidemiology & Biostatistics, School of Public Health, Peking University Health Science Center.

The period of study (including both country) : 2019.10~2023.10

The laboratory you are accepted : Public Health, Department of Social Medicine, Osaka University Graduate School of Medicine.

1. Why do you participate in the Campus Asia Program?

The CAMPUS Asia Double-Degree Program (DDP) aims to raise leaders in medical science and public health to solve global health problems, such as non-communicable disease, dementia and other age-related diseases. This program provides students with the opportunity to obtain simultaneously two Ph.D. degrees (each granted by one university), after accomplishing study and research at both universities and successfully fulfilling the requirements of each institution, which is able to help me improve my scientific research abilities in preparation for future careers. Most importantly, studying in different education background and culture gives me the sense of ethics, harmony and comprehensiveness, and flexible ways of thinking as well as logical thinking.



2. What do you study in this program?

In this program, the doctoral studies shall be conducted and completed within 4 years. I must study at both universities and successfully fulfill the requirements of each institution for granting a Double Ph.D. Degree. In general, the credits are from three

parts: courses, seminar, and thesis. The courses include public compulsory courses, major compulsory courses, and elective courses, such as methods of epidemiology (compulsory), applied multivariate statistical analysis (compulsory), application of software packages in epidemiological studies (compulsory), nutrition and diseases (elective), development of research of molecular epidemiology (elective), global health (elective), etc. Moreover, I am required to attend some academic seminars in order to better complete my thesis.



3. How is the stay in the country you visiting?

The life in Japan is unique and memorable. Japan is such an amazing country mixed with ancient culture, exquisite natural landscapes and dazzling modernity. I am impressed by the speculate cherry blossom in spring, known as "sakura". As a cultural landmark of Japan, sakura symbolizes renewal, beauty, and life, reminding me



to cherish the brilliant, but fragile and transient life. Besides, Japan is indeed a friendly and highly civilized country. During my first days, I was so unfamiliar with the new environment as a freshman. Fortunately, I got countless help from the teachers, staffs, and students in Osaka University, and even the strangers. I am so grateful for the Double-Degree Program opportunity to study and live in Japan.

4. Others or some messages for future participants

It is really an unforgettable experience for me to have this opportunity to participate in the CAMPUS Asia Program, therefore, please do not hesitate to seize this chance to improve your academic abilities as well as foster your international vision. Here are some suggestions if you are admitted to this program. First, have a basic knowledge of your



target country's custom and culture to avoid unnecessary mistakes in interpersonal communications. Second, you should be familiar with all the requirements for successfully complete this program and then make every effort for targets. Moreover,

more connection with your supervisors at both universities. They can provide mentoring support and strike the right balance between your academic affairs at the two universities, which facilitates the program processes and your PhD success.

And here's wishing you the very best for all the new ventures, that life has in store for you. Don't be afraid of moving forward!